



Working to end domestic violence, sexual assault and child abuse.

Walk a Mile in Her Shoes 2010 – Frequently Asked Questions

Is there a minimum age for participation? No, although participants under 18 need to have a parent/guardian sign the waiver on the pledge form.

How much is the registration fee? It doesn't cost anything to participate, and there is no minimum pledge requirement.

Do I have to pre-register? Pre-registration is *recommended*, but walk-up participants are not turned away!

How do I sign up? Visit www.lacasa1.org/walkamile to register online, or call Julie (517) 548-1350. You can register as an individual walker or as part of a team.

Do I have to collect pledges before the event? Yes, please! It is much easier for everyone when participants turn in their monies at the event. *All pledges should be turned in by May 21.*

What method of payment do you accept? Most supporters pay by cash or check (payable to LACASA). If someone wants to put their donation on a credit card (Visa or Mastercard only), they can call Julie (517) 548-1350 prior to the event.

Are donations tax deductible? Yes! LACASA is a 501(c)3 organization. Donors who provide complete (and legible) information will be mailed a receipt after the event.

Is this a "men only" event? Absolutely not! Men, women and children are invited to participate. Friends and family are also welcome to come and cheer you on.

Do I have to wear high heels? Guys are encouraged, but not *required*, to wear women's shoes – high heel or otherwise.

Do I need to bring my own shoes? We have an assortment of women's shoes of varying sizes and styles that can be borrowed for the event – first come, first served.

What if I want to buy my own shoes? If you choose to shop for yourself, remember that men's and women's shoes are sized differently. For example, if you wear a guy's size 10, you will probably need at least a gal's 12.

Do I have to dress in women's clothes? No. Please don't. This very visual event is most impactful when participants are wearing guy clothes with women's shoes.

Do I get a t-shirt? The first 100 participants to turn in at least \$50 at registration will receive a t-shirt.

What time is the event? Registration starts at 9:30 and the program begins at 10:30.

Where do I go on the day of the event? Head into the Food Court at Tanger.

What do I need to bring with me? Your pledge form, the money you have collected and your *I'm-ready-to-have-fun* attitude.

How long is the event? That depends on how long it takes you to walk a mile in women's shoes! We're typically finished by 11:30 a.m.

What if it rains or snows? You will get wet and/or cold. Please note, the majority of the Men's March route is under the roof of the Outlet Mall.

What if I still have a question or two? Please call (517) 548-1350 or visit www.lacasa1.org, or walk headquarters: www.walkamileinhersshoes.org.