

## KNOW THE FACTS

- Sexual assault occurs to one in three women.
- A medical exam occurs in only 17% of all sexual assault cases.
- In 2002, there were 247,730 victims of sexual assault or attempted assault.
- 65% of sexual assault offenders are relatives or acquaintances of victims.
- 68% of sexual assault victims report no physical injuries as a result of the assault.

## COMMON RESPONSES TO SEXUAL ASSAULT

- Shock
- Numbness
- Loss of Control
- Fear
- Guilt and Self-Blame
- Isolation
- Vulnerability
- Distrust
- Sexual Fears
- Anger
- Disruption of Daily Activities
- Anxiety
- Sexual assault may also result in pregnancy, injury and/or a sexually transmitted disease.

## LACASA

### COMPREHENSIVE SERVICES

- 24-Hour Crisis Response
- Emergency Shelter
- Victim, Family and Friend Services
- Counseling and Support
- Court Accompaniment
- Legal Advocacy
- PPO Assistance (*Personal Protection Order*)
- Transitional Housing
- Assailant Services
- Community Education
- Prevention Programs
- Business Consultations
- Pet Shelter Program for Shelter Residents
- SANE Program



#### COMPREHENSIVE SERVICES CENTER

2895 W. Grand River, Howell, MI 48843

Business Line (517) 548-1350

Fax (517) 548-3034

TTY (517) 548-0781

[www.lacasa1.org](http://www.lacasa1.org)

#### TOLL-FREE 24-HOUR CRISIS LINE

866-522-2725

The LACASA SANE program is funded in part by



A United Way Agency

Abuse impacts on humanity and on society; therefore, LACASA is committed to diversity and to serving all individuals.



## SANE PROGRAM

*Sexual Assault Nurse Examiner  
for Victims of Sexual Assault*

*you do not have to be alone*  
*hours a day*  
**7 24**  
*days a week*

*Mission*

*LACASA believes that crimes of domestic violence, sexual assault and child abuse must be eliminated from our society; therefore, LACASA supports and shelters victimized adults and children, educates the community, and encourages positive action.*

# SEXUAL ASSAULT NURSE EXAMINER PROGRAM

## *What is LACASA's SANE program?*

A comprehensive and patient-focused service to adolescent and adult patients who have been sexually assaulted.

SANE services are available to individuals in Livingston County and surrounding areas.

LACASA's SANE program treatment guidelines are in accordance with standards of practice established by the International Association of Forensic Nurses (IAFN) and are under the direction of a medical director.

Collaboration is provided with LACASA's crisis response team, Saint Joseph Mercy Livingston Hospital, law enforcement, the prosecutor's office and the Department of Human Services.

## *What can be expected during a SANE exam?*

A SANE nurse performs a medical forensic examination that includes...

- A thorough patient history
- A comprehensive medical assessment
- A complete pelvic examination
- A collection of body fluid samples, hair and other materials to gather evidence to be used in possible cases of prosecution

Decisions about the extent of the exam are made by the patient with the nurse examiner.

Following the exam, the patient is given information about LACASA support services, counseling and advocacy. Referral information in the medical and non-medical fields is also provided

## *What can be expected after a SANE exam?*

LACASA's crisis response team members are available to provide ongoing assistance to victims. Assistance may include advocacy throughout the court process, individual and group counseling, follow-up calls and professional referrals for evaluations and treatment.

## *What LACASA's SANE program*

*offers...*

- Free services to patients of sexual assault
- Private clinic facility
- Confidential service
- Individualized care
- Medical forensic sexual assault examinations
- 24 hour on-call response teams
- Coordination with law enforcement and the prosecutor's office as needed
- Legal advocacy support
- Referral sources for counseling and other services as needed
- Trained registered nurses

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